



## BODYROCKERZ

### CLASS DETAILS

- MONDAYS:**  
**AGES 4+** 5:45-6:45pm ACRO
- TUESDAYS:**  
**AGES 10+** 6.30-7.30pm Street Dance Class
- SATURDAYS:**  
**AGES 3-9** 8:45-9:45am Age 3-6 Years Rosette Class  
(freestyle, street, rock n roll, party dance)  
8:45-10am Age 6-9 Years Class  
(freestyle, street, rock n roll)
- AGES 10+** 1:45-2:15pm Street Dance Class  
2:15-2:45pm Slow Dance Class  
2:45-3:45pm Freestyle and Rock 'n' Roll Class
- AGES 14+** 12:15-1:15pm Freestyle and Rock 'n' Roll Class
- ALL AGES** 12:45-1:15pm STRENGTH AND FLEXIBILITY

**FREE  
CLASSES!**

THIS FLYER ENTITLES YOU TO FREE CLASSES AT BODYROCKERZ IN THE MONTHS OF NOVEMBER 2017, DECEMBER 2017, JANUARY 2018 ON ARRIVAL YOU MUST BRING THE FLYER AND LET RECEPTION KNOW WHICH PRIMARY SCHOOL YOU ATTEND.



# BODYROCKERZ

**FREE  
CLASSES!**

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